



**Kettle Park**  
 SENIOR LIVING  
 A Lifespark Community

# Age Magnificently



## Our Community Newsletter

*Discover what's going on in our community.*

### April

**As April, spring has finally sprung, but if we're lucky, the weather will reflect that! We hope that the sky is bright and clear, and the grass is growing green.**

#### Resident Birthdays

5th Jan L.  
 7th Marion J.  
 8th Ann S.  
 9th Jim M.  
 20th Louise M.  
 29th Ron N.

Text

#### Anniversaries Dates

BreAnn K. 3 yrs.  
 Tammy S. 2 yrs  
 Alex H. 2 yrs

Text

#### Staff Birthdays

27th Alexis J.

Text

### Welcome to Kettle Park

#### Residents

MC 20 Barbara Z.  
 206 Sandra S.

#### Staff

Teagan - HHA  
 Julia - HHA

## Spark Challenge: National Forklift Races

The next challenge begins April 16th. We will be moving loads of boxes from one area to another. The object of this challenge is how many high boxes can you stack the boxes. This challenge takes a lot of teamwork and coordination moving the loads from one area to another. Stop by the Community Room Monday and Thursday afternoons at 3:30 to see what this is all about.

## April Virtual Program: Life on the Space Station Thursday April 4th 2:00-3:00 Theater Room

Join us for this interactive presentation. Ask Questions and see and hear first- hand.

**Grief Support Group**  
**Thursday, April 25th**  
**3:00-4:00 p.m.**  
**Private Dining Room**  
**All are welcome to attend.**

Text

**\*Caregivers Support Group**  
This is a new support being offered to anyone caring for a loved one.  
Facilitated by Brighton Hospice-Madison  
Groups will be held the 3rd Friday of the month at 1:30 p.m. in the Private Dining Room.  
**All are Welcome!**

Text

**April Massages**  
**GoldenSoulWI**  
**Wednesday, April 24th**  
**9:30-11:30 a.m.**  
**Theater Room**  
**Sign-up Sheet**  
**in the Fitness Room**

Text

### Welcoming Committee:

This is a new formed committee that meets every Wednesday at 1:00 in the Private Dining Room. The committee is striving towards making our newest Kettle Park neighbors have a stress-free first few weeks. If you are interested in assisting with this committee attend the meeting on Wednesday.

### Giving Back Committee:

Thank you to the committee for distributing the shamrocks to the residents on St. Patrick's Day, they were an unexpected treat. Thank you!

-Continue to collect plastic bags-collection box is in the Library.

-we will be starting to collect pull tabs off of cans. A container will be placed by the mailboxes.

- If you know of someone that is need of a pick-me-up note or some help in any way, please notify Gail.

Poetry Writing Group will be starting in April. They will meet the 2nd Friday of the month at 1:30. Kettle Park has many amazing writers. We have decided to get together and share our creativity. Jane L. has volunteered to share her love of writing with us.

# April Theme Week: Rainy Day Escapades

## Week of April 14-19th

- 14th Movie- Singing in the Rain
- 15th Baking Cookies
- 16th Wear your Pajamas Day  
Book Lovers Day- Book Swap
- 17th What a wonderful World Sing-along with  
Ruth & Charles
- 18th Sip & Paint
- 19th Chocolate Bar

### Musical Entertainment

- 3rd Dan & Wendy
- 17th What a Wonderful World  
Sing-along w/  
Ruth & Charles Gildersleeve
- 24th Greg & Casey

Text

### Special Events

- 3rd Giving Back Workshop
- 4th Virtual Program:  
Life on the Space Station
- 10th Meet & Greet Coffee w/  
Fox Therapy
- 16th Beginning Forklift Races
- 17th April Birthday Party
- 19th Caregiver's Support Gr.
- 22nd Earth Day Seed Planting
- 25th Grief Support Group
- 30th Resident Meeting

Text

### Outings

- Thursdays Pick N Save
- 10th Visit at Rena
- 18th Walmart
- 25th Out to Lunch-  
Cozy Nuk Cafe
- 29th Kopkee's Garden  
Center

Text

### A New Season

April Showers signals The Rebirth of Spring.  
Bringing out the new green grass  
And all the pretty flowers  
The yellow daffodils  
The red Tulips  
The Johnny-Jump-Ups  
But None so sweet as the sweet For-get-me-not.

Donna W.

### Solar Eclipse

April 8th

1:00-3:00 p.m.

Mark your calendar to view the Solar Eclipse.  
Best time to experience this will be around 2:00p.m.

## Pink Moon (April Full Moon)

April 23rd

Often corresponds with the early springtime blooms of a certain wildflower native to the Midwest- Creeping Phlox.

## World Autism Awareness Day- April 2nd

What is Autism?

It is a complex disorder that affects and impairs a person's brain function.

People with this disorder struggle with things that are normal to the human eye.

This includes connecting with other people, participating in activities, doing daily chores etc.

Help us celebrate the awareness of Autism by wearing red on April 2nd.

## Garden Club

As the weather begins warming up, we begin thinking about planting our raised flower boxes. We will begin planning the Kettle Park Gardens. Watch for the sign-up sheet for the Gardening Club. A trip to the garden center will be later in the month.

## April

Oh, how fresh the wind is blowing!

See! The sky is bright and clear,

Oh, how green grass is growing!

April! April! Are you here?

Dara R. Goodale

## In Memory of:

Barbra Lindstrom

Passed February 4th

Marsha Trentz

Passed March 7th

" People touch our lives if only for a moment, And yet we're not the same from that moment on,  
The time is not important, The moment is forever."

Fern Bork

## Coming in April

This six week course will provide basic information to understand the senior community. The LIFEGUARD courses will focus on how to save lives by mastering detection and notification. It's basic and impactful insights into how we can help our friends and neighbors avoid hospital stays.