



Kettle Park
 SENIOR LIVING
 A Lifespark Community

Age Magnificently



Our Community Newsletter

Discover what's going on in our community.

September

By all these lovely tokens
 September days are here,
 With the summer's best of weather
 And autumn's best of cheer.

~Helen Hunt Jackson~

Resident Birthdays

- 1st Lois S.
- 2nd Kendall M.
- 3rd Gen W. (MC)
- 5th Norma J.
- 7th Pat K.
- 10th Walter S.
- 14th Emily B.
- 27th Marsha M.
- 27th Sally H. (MC)
- 30th Nancy Me.
- 30th Donna W.

Staff Anniversary Dates

- 1st Alexis J. 4 yrs.
- 2nd Miriam Z. 3 yrs.
- 2nd Christine E. 2 yrs.
- 9th Michelle P. 4 yrs.
- 25th Jane H. 1 yr.
- 25th Ayawa 1 yr.

Staff Birthdays

- 1st Sam M.
- 5th Skylee C.
- 21st Emma A.

Text

Text

Text

Building Strength, Purpose and Belonging!

Welcome to Kettle Park

Residents

304 Emily B.

335 Bill D.

Staff

Katie - Culinary Director

Shawn- Cook

Adam- Server

September Entertainment

4th Wendy & Dan

11th Campfire Kevin

18th Melly C.

Text

Special Events

5th Virtual Program

8th-13th Assisted Living Wk.

9th Coffee w/ Culinary

10th Paint & Sip

17th Out to Lunch

18th 5 year Celebration

23rd Ice Cream Cones

24th Resident Meeting

24th Newcomer's Social

25th Car Show

Text

Outings

5th Pick & Save

13th Pick & Save

16th Eugster's Market

17th Out to Lunch

19th Walmart

25th Pick & Save

Text

National Assisted Living Week "Through the Generations" September 8th -13th

Sunday, September 8th- Grandparent's Day-

Root Beer Floats 1:30-3:00

Monday, September 9th -

Wear your PJ Day!

Tuesday, September 10th-

**Wear your favorite sports team
apparel.**

Wednesday, September 11th

Patriotic Day- Wear Red/White/Blue

Thursday, September 12th

**Dress in your High School Colors.
Guess who? School pictures.**

Friday, September 13th

Rock Your Purple Day!

Kettle Park 5-year Celebration

Wednesday, September 18th

12:00-2:00 p.m.

You are cordially invited to join us for this special celebration.

Join us for food, fun and fellowship.

**Virtual Program
The Pursuit of Liberty- Founding of America
Thursday, September 5th
2:00-3:00 p.m.
2nd Floor Theater Room
Join us for this informative presentation.**

Welcome Committee

New members are welcome. We continue to meet every Wednesday at 1:30 p.m. in the Private Dining Room. We continue to welcome our new Kettle Park residents and continue to provide support and friendship as they become acclimated to their new home. Please take a minute to introduce yourself to others you may not know and encourage them to attend an activity or event with you. We encourage you to wear your name tags at meals and activities to assist others to get to know one another.

Giving Back Committee

New members are welcome. As we continue to get more involved in our Kettle Park community and Stoughton community.

We continue to collect plastic bags for the bags to benches project -collection box is located in the Kettle Park library.

We are also collecting can tabs for Ronald McDonald House- container is located on counter by mail cubbies.

***On Thursday, September 12th Kettle Park Residents will be visiting Pumpkin Patch Pre School in Stoughton. Twice a month we will be interacting with the 3- & 4-year-olds for interactive play, art projects, reading, group and individual projects. If you are interested in joining us, please sign up by the mailboxes. Space is limited.**

Trivia Tuesday

If you enjoy trivia, history, geography, fun facts and misc. information, join us on Tuesdays at 3:30 p.m. in the Community Room.

**Hymn Sing
Sundays 2:00 p.m.
Community Room**

Movie: The Choose

This award- winning series is a drama about the life of Jusus Christ, introduces Jusus and the calling of his initial disciples with a discussion after each episode. Join us for this up-lifting, stirring and emotional series. Mondays at 3:30 p.m. in the Theater Room.

New in September

Facts or Fiction- Every Tuesday, 10:00 in Theater Room

Jeopardy- 2nd and 4th Monday at 2:00 p.m. in Theater Room

Wii Games- Fridays at 1:30 in Theater Room

Spark Challenge

New Spark Challenge will be beginning Oct. 8th. The challenge will include reading books written by Gerontologist, Dr. Bill Thomas about aging gracefully and will taking a short open book quiz each week. As well as physical challenge with other Lifespark teams. This is a fun challenge, and you can participate in one or both parts of the challenge. Watch for the sign-up sheet by the mailboxes.

Senior Lifeguard Session

This 8-week session is about educating us on being more observant of the people around us. Knowing what to look for in the people we see every day. Being prompt in reporting to staff if you have noticed a change in walking, cognition or if your neighbor is not coming to meals or activities. Our goal is to become more aware of others and try to address a change before it becomes a larger problem. We want to eliminate having to go to the hospital. It has been proven that older persons may become more impaired when hospitalized due to the unfamiliar environment, overcrowded hospitals and shortage of physicians. Watch for the sign-up sheet by the mailboxes.

Meet the Staff