



**Kettle Park**  
SENIOR LIVING  
A Lifespark Community

# Age Magnificently

## Our Community Newsletter

*Discover what's going on in our community.*

### November

November is the month  
When days start growing short  
We say why we are thankful  
And watch our favorite sports  
We celebrate the harvest  
With turkeys who say "gobble"  
We feast on Thanksgiving Day  
And eat until we wobble.

### Happy Birthday

1st	Nancy A. (MC)
12th	Laurel S.
14th	Donna D.
19th	Richard M.
19th	Kenneth L.
21st	Judy S.

**November Entertainment**  
6th McFarland Outreach Choir  
13th Wendy & Dan  
20th Tom Kastle  
27th Classic Country Singalong  
w/ Ruth & Charles

Text

**Special Events**  
4th Scam Prevention Presentation  
7th Virtual Program-  
Eleanor Roosevelt  
\*7th Lutheran Devotions  
11th Special Veteran's Program &  
Honor Flight Presentation  
11th Stoughton Honor Guard  
Program  
11th Ice Cream Sundaes  
18th Mickey Mouse's Birthday  
28th Happy Thanksgiving!

Text

**Outings**  
8th Pick & Save  
7th Pumpkin Patch Pre-school  
13th Walmart Shopping  
14th Pumpkin Patch Pre-school  
18th Out to Lunch- Deak's  
19th Pick & Save

Text

**Common Scams and Frauds Targeting Seniors**

**Monday, November 4th  
1:00 p.m.  
2nd floor Community Room**

**Join Jeff Kersten from the Wisconsin Bureau of consumer Protection. Jeff will be discussing the details of common scams that target seniors, and warning signs of a scam and what to do if you or someone you know falls victim to a scam or fraud.**

**Anyone is welcome to attend this beneficial presentation.**

**THANK YOU!**

**A special Thank you to Fox Therapy for an informative presentation in October on Fall Prevention. It was a very informative talk, and we all went away with some very beneficial information.**

**Thank you, Abby and Lauren.**

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**Thanks to everyone that supported Kettle Park's team for the Alzheimer's walk. With all of your support we were able to raise over \$1,000.00 for the fight against Alzheimer's, we couldn't have done it without you.**

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**Thank you to Mete Ugar a volunteer with the WI chapter of the Alzheimer's Association. Mate provided an informative overview of the differences between Alzheimer's and Dementia, the stages and current research taking place. Thank you for all that attended.**

## Virtual Program

Eleanor Roosevelt

Presented from the FDR Museum

Thursday, November 7th

2:00 p.m.

Theater Room

Join us for this interactive presentation.

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## Pumpkin Patch Pre-school

Join us for a fun 45 minutes, interacting with 3- & 4-year-old children, through play, reading stories and art projects.

Look for the sign-up sheet on the counter.

Contact Gail if you have questions.

## Giving Back Food Drive

Mark your calendars for the annual food drive.

Place your non-perishable items outside your apartment door and we will collect them at the end of the day on Wednesday November 13th. The food items will be donated to the Stoughton Food Bank just in time for World Kindness Day (Nov. 13th). Thank you for your generosity.

May God grant you always a sunbeam  
to warm you, a moonbeam to charm you,  
a sheltering angel so nothing can  
harm you, laughter to cheer you,  
faithful friends near you and, wherever you pray,  
Heavenly Father, to hear you.

What are some of your greatest memories of Thanksgiving?

Happy Thanksgiving!

**Veteran's Day  
November 11th**

**Wear your red, white, blue to honor our country.**

**10:00 a.m.  
Community Room**

**Join Karen Borowski from Bristol Hospice for a presentation to honor our Kettle Park Veterans and to tell us about her experience with Honor Flight.**

**3:00 p.m.**

**Join Stoughton American Legion Honor Guard in honoring our Veterans. Followed by ice cream sundaes.**

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<b>Charles G.</b>	<b>Navy &amp; Air Force</b>
<b>Chuck N.</b>	<b>Army</b>
<b>Donn W.</b>	<b>Army</b>
<b>Jim S.</b>	<b>Army</b>
<b>John H.</b>	<b>Navy</b>
<b>Kenneth L.</b>	<b>Army</b>
<b>Orvin O.</b>	<b>Army</b>
<b>Rod C.</b>	<b>Army</b>
<b>Rodney D.</b>	<b>Army</b>
<b>Ron F.</b>	<b>Navy &amp; Marines</b>

**November Special Days**

<b>1st</b>	<b>All Saints Day</b>
<b>2nd</b>	<b>All Souls' Day</b>
<b>3rd</b>	<b>National Sandwich Day/ DAYLIGHT SAVINGS</b>
<b>5th</b>	<b>Election Day</b>
<b>11th</b>	<b>Veteran's Day</b>
<b>12th</b>	<b>National Pizza Day</b>
<b>13th</b>	<b>World Kindness Day</b>
<b>14th</b>	<b>World Diabetes Day</b>
<b>16th</b>	<b>National Fast Food Day</b>
<b>17th</b>	<b>National Take a Hike Day</b>
<b>18th</b>	<b>Mickey Mouse Birthday</b>
<b>20th</b>	<b>Universal Children's Day</b>
<b>21st</b>	<b>World Television Day/World Hello Day</b>
<b>24th</b>	<b>Small Business Day</b>
<b>26th</b>	<b>National Cake Day</b>
<b>27th</b>	<b>Giving Tuesday</b>
<b>28th</b>	<b>Happy Thanksgiving Day/Hanukkah Begins</b>
<b>29th</b>	<b>Black Friday</b>